



LMHCA Presents...

Spring Professional Development

Friday, May 5, 2017

Holistic Therapy: What Does It Really Mean?



7.5 CEUS

6.5 CEUS in Diagnosis

1 CEU in Ethics

Presented by

Wendy Q. Durant,

LPC-S, NCC

Registered Play Therapist-Supervisor

Learning Objectives

1. Define the concept of holistic psychotherapy and discuss the historical development of this modality.
2. Examine how depression, anxiety, mood disorders, and trauma can be integrated into holistic psychotherapy treatment.
3. Discuss three major holistic therapeutic approaches: nutrition, exercise, spirituality and practice strategies/techniques to integrate in therapeutic sessions
4. Identify four ethical considerations when integrating holistic psychotherapy into therapeutic practices.



Wendy Q. Durant, an award-winning businesswoman, therapist consultant, motivational speaker, and educator is dedicated to helping others through compassionate service and cutting edge practices. Ms. Durant is the founder and CEO of DuraCARE Counseling & Consulting Services, an outpatient behavioral health facility with locations in Metairie and LaPlace, LA.

Wendy is a dynamic speaker with 15 years public speaking experience that engages audiences on exciting topics in the field of mental health and education. Additionally, Ms. Durant has over 10 years' experience in public education as both a teacher and school counselor.

Wendy's organization, DuraCARE Counseling & Consulting Services, is dedicated to integrating holistic therapeutic approaches in helping clients cope with challenging life experiences, overcome addiction, modify maladaptive behaviors, and strengthen academic skills. DuraCARE Counseling & Consulting Services is nationally accredited by the Commission on Accreditation of Rehabilitation Facilities or CARF, is licensed by the Louisiana Department of Health and Hospitals as an outpatient behavioral health and substance abuse provider, and is licensed by the Louisiana Office of Behavioral Health as a Substance Abuse Provider and Outpatient Mental Health Facility. Additionally, DuraCARE has an academic tutoring center, and a play therapy center, specializing in trauma treatment, child-parent psychotherapy treatment, and adolescent juvenile sex offender treatment. Mrs. Durant and her team of dedicated professionals which includes psychiatrists, nurse practitioners, licensed social workers and counselors, and professional educators are passionate about service and helping others succeed.

Wendy holds a Master's degree in Counselor Education from the University of New Orleans, a Master's degree in Educational Leadership and Policy Studies from the University of Texas at Arlington, and a Bachelor of Arts degree in Secondary Education from the University of New Orleans. Ms. Durant is currently working on her doctorate in at Trident University International in Health Sciences with focus in Healthcare Administration. Wendy is Licensed Professional Counselor (LPC), a Nationally Certified Counselor (NCC), a Louisiana State Certified Guidance Counselor and Educator, a Registered Play Therapist Supervisor (RPT-S), and a Louisiana State Board Approved Counselor Supervisor.



www.duracarecounseling.com



Workshop Information

Title: Holistic Therapy: What Does It Really Mean?
Date: Friday, May 5, 2017
Time: 8:00AM Registration & Check-In
8:30AM Program Start
4:30PM Program End
Address: American Red Cross 4655 Sherwood Common Blvd.
Baton Rouge, LA 70816

Lunch and Refreshments will be Served

FEE **SCHEDULE**

Early Registration- April 1st	\$ 95
Regular Registration- April 30th	\$110
On-site registration	\$130
Full –Time Student (with proof of enrollment): ½ of above costs	

Credit Card Payments will not be accepted during onsite registration

LMHCA Spring Workshop Hotel/Lodging Information

Hyatt Place Baton Rouge/I-10

Hotel Address: 6080 Blue Bonnet Blvd
Baton Rouge, LA 70809

Phone: 225-769-4400

Website: <https://batonrougesouth.place.hyatt.com/en/hotel/home.html>

Room Type: King or Double Occupancy Standard Rooms **\$119** per night

Amenities: Complimentary hotel-wide Wi-Fi Internet access
Complimentary a.m. Kitchen Skillet™ served daily, with hot breakfast items, fresh fruit, oatmeal and plenty more to choose from.
Coffee to Cocktails Bar serves Starbucks® specialty coffees & teas, premium beers, wines & cocktails
Self-service check-in/check-out kiosks
Complimentary 24-hour Stay Fit® fitness center
Complimentary parking

*All reservations must be guaranteed with a major credit card and must be made no later than **04/03/2017**. Any request received after **04/03/2017** will be handled on availability only. When making reservations, request **LMHCA Workshop 2017** for the group rate. Cancellation of any reservations must be made before 6PM prior to the arrival date or prior to the arrival date or one night's room and taxed will be assessed. Check-in is **3:00PM**.*

Courtyard by Marriott Siegen Lane

Hotel Address: 10307 North Mall Dr.
Baton Rouge, LA 70809

Phone: 225-293-7200

Website: <http://www.marriott.com/btcy>

Room Type: King or Double Occupancy Standard Rooms **\$109** per night

Amenities: Complimentary hotel-wide Wi-Fi Internet access
Onsite Bistro serving breakfast and dinner (both are made to order and priced individually)
Indoor heated pool
24-hour Starbucks drinks
Complimentary on-site parking

*All reservations must be guaranteed with a major credit card and must be made no later than **04/14/2017**. Please call (855) 724-3509 for reservations. When making reservations, request **Louisiana Mental Health Counselors Association** for the group rate. Cancellation of any reservations must be made by 12PM prior to the arrival date or one night's room and taxed will be assessed. Individual guest's credit card will be presented at check-in. Credit cards must be authorized for the entire stay-this will include room and tax, plus \$20 incidental charge per night. If a guest prefers to pay cash at check-in they must pay the total amount at check-in, plus \$100 refundable cash deposit. Check-in is **3:00PM**.*

LMHCA Spring Workshop Registration Form

Please Print or Type

Name: _____

Address: _____

Phone: _____

Email: _____

Pay Online:

<https://www.eventbrite.com/e/holistic-therapy-what-does-it-really-mean-tickets-32619220968>

Payment Type (circle one): **AMEX** **VISA** **Master Card** **Check**

Name as it Appears on the Card _____

Credit Card Number _____

Expiration Date _____ CVS Code _____

Address _____

Make checks payable to **LMHCA** and mail with this form to:

Nikolya Sparks, LMHCA President

8814 Veterans Memorial Blvd

Ste 3-354

Metairie, LA 70003

QUESTIONS

CALL 504-457-7740 OR EMAIL **LMHCA1@YAHOO.COM**

Do You Require Accommodations?

Pursuant to the America with Disabilities Act, do you require assistance? This request must be received prior to April 1, 2017. After this date, LMHCA may not be able to provide needed accommodations. Please indicate accommodations being requested.



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